

### **Let's Move Lincolnshire**

Health and Wellbeing Board update March 2023

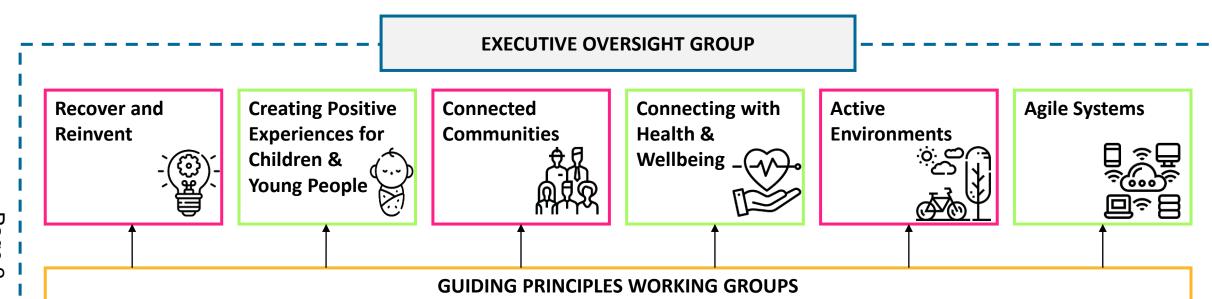
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## Page :

#### LET'S MOVE LINCOLNSHIRE - DELIVERY MODEL





**COMMUNICATIONS:** Cross-Agency collaboration for shared learning and promotion of message and opportunities

**EQUALITY, DIVERSITY AND INCLUSION:** Steering Group to support strands work. Safeguarding sits here.

**INSIGHT / EVALUATION – SHARE MEASURES:** Steering Group to support strands work AND design long-term evaluation of the impact of the strategy and our approach to delivering it on system and individuals

#### NATIONAL ALIGNMENT WITH LOCAL NEED ACROSS 6 STRANDS



#### **RECOVER AND REINVENT**

Focuses on the organised sport and physical activity sector. Helping it to design and deliver inclusive experiences based on better understanding the needs of local people.

This strand includes creating a representative workforce, and building agile and resilient organisations.

## POSITIVE EXPERIENCES FOR CHILDREN & YOUNG PEOPLE

Ensuring every child and young person experiences the enjoyment and benefits that being active can bring. Their needs, expectations, and safety should come first in the design and delivery of activity.

Focus on education settings, parent/carers roles and digital as key influencers and enablers.

#### **CONNECTED COMMUNITIES**

Utilising the power of physical activity to create a great place to live, work and learn.

Physical activity is used as a versatile tool to grow the local economy, integrate groups, reduce public expenditure, build individual confidence and self-worth and respond to big issues like climate change, net zero and tackling inequalities.

**AGILE SYSTEMS** (Lincolnshire specific)

## CONNECTING WITH HEALTH & WELLBEING

Responding to changing trends in health and demographics.

Working with the health sector to develop collaborations and connections that ensure people with more challenging health needs get the extra support and provision to find new and different ways to take part.

#### **ACTIVE ENVIRONMENTS**

This strand looks at dedicated sports facilities, other community spaces (parks, villages halls, schools), and wider built environment, (streets, squares, footpaths, cycle paths) to ensure that they all provide positive influences to support the ability to lead active lives.

Stakeholders identified a need to focus on system effectiveness and management between organisations, conceiving new structures that are sustainable and meaningfully connected to lead to countywide collaborative endeavours and a systematic approach to problem solving

complex issues across Lincolnshire.

#### **PROGRESS ACROSS 6 STRANDS**

# active lincolnshire

## RECOVER AND REINVENT – Sport and physical activity sector

- Together Fund investment £237k
- Let's Move Lincolnshire website & activity finder
- Sport and Physical Activity Awards
- LORIC report into sector size and needs
  - Sector EDI advisory panel

## POSITIVE EXPERIENCES FOR CHILDREN & YOUNG PEOPLE

- Youth voice research
- Opening Schools Facilities
- OYL Healthy Weight Programme 'Gloji'
- Holiday and Food programme (LCC)
- School Games & primary premium



## **CONNECTED COMMUNITIES**

- Testing place-based approach in Mablethorpe
- Working with CVSE organisations



## CONNECTING WITH HEALTH & WELLBEING

- Pre and post natal partnership
  - Long Covid training
  - Cancer Fighting Fit
- MSK pathway & Good Boost
  - Social Prescribing



#### **ACTIVE ENVIRONMENTS**

- Wheels for Life Bike donation scheme
  - 'Stride & Ride' campaign



#### AGILE SYSTEMS

- Let's Move strategy launch
  - JHWB & ICB
- District Health & Wellbeing strategy
  - Communities Strategy
- Healthy Weight Steering Group
  - SHINE MHCF Funding
    - (& panel)







## RECOVER AND REINVENT – Sport and physical activity sector

- Response to cost-of-living crisis; facilities and residents
  - Sector Skills Board & skills development
- SPA Network connectivity and development
  - Safeguarding in sport role

## POSITIVE EXPERIENCES FOR CHILDREN & YOUNG PEOPLE

- OSF Years 2 & 3
- Strengthen CYP provision across SPA sector

#### **CONNECTED COMMUNITIES**

 Place focus; identify priority areas (potential further Sport England funding)
 Asset Based Community Development approach

NB Rural network; insight from communities

## CONNECTING WITH HEALTH & WELLBEING

- Primary care networks, place-based approach
  - Active Ageing agenda

#### **ACTIVE ENVIRONMENTS**

- Roll out 'Street Tag' countywide digital 'game'
- Develop bike donation scheme and cycling activation

#### **AGILE SYSTEMS**

- UKSPF Opportunity
- Continue to develop and grow networks and collaboration
  - Community strategy
- Evaluation and impact of system work
  - · Health rep on AL Board

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**#Every** Move Counts